

Health Issues In Construction

1 Who Should Attend . . .

This program is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with MIOSHA

2 Why You Need This Workshop . . .

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high direct costs of work-related injuries, which grew to \$42.5 billion nationally in 2000, and indirect costs, which were estimated at an additional \$127 - \$212 billion in 2002. (*2003 Liberty Mutual Safety Index*.)
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces worker's compensation costs, improves employee morale, and increases production and quality.

3 What You'll Learn . . .

This course will help educate and make the construction manager/worker aware of some of the typical health hazards and their potential health effects that are associated with the construction trade industry. This workshop is designed to give the student an overview of health issues that may be encountered in the construction industry. Topics covered include lead, silica, cadmium, and asbestos (2-hour awareness certification). Students will be able to recognize potential problems with exposures and how to protect themselves with the use of engineering controls and personal protective equipment.

Agenda

We offer a flexible program agenda to emphasize the topics you want most.

- ▶ Lead Awareness
- ▶ The Dangers Of Silica
- ▶ Cadmium Awareness
- ▶ Asbestos Awareness - 2 Hour Certification

Facilitator

Cindy L. Zastrow was appointed to the MIOSHA Consultation Education and Training Division in 2004 as an Industrial Hygienist, bringing with her over 11 years of experience in Safety, Health, and Emergency Services. Based near Saginaw, Cindy provides industrial hygiene services for the Northern part of Michigan as well as the Upper Peninsula.

Cindy has her B.S. and B.F.A. degrees from Central Michigan University, and her M.S. degree in Forensic Toxicology from the University of Florida. She is also a certified Firefighter I and II, licensed EMT, HAZMAT Technician, NFPA Fire Inspector I, CPR/ First Aid/AED Instructor, and Medicolegal Death Investigator. Cindy is a member of the Federal DMORT-WMD team, as well as serving on the Richland Twp. Fire Department.



Cindy Zastrow
Industrial Hygienist,
MIOSHA, CET Division

Program Details

DATE: October 11, 2006
LOCATION: M-TEC at Kirtland-Gaylord
60 Livingston Blvd.
Gaylord, Michigan 49735
COST: \$30 per person.
Includes course materials.
CEUs available upon request.

TIME: Check-in - 8:00 a.m.
Program - 8:30 a.m. to 11:00 a.m.
DEADLINE: Register by October 3, 2006.
Enrollment is limited to 50,
so please register early!
CONTACT: Mark McCully at 989.705.3631 or
mccullym@kirtland.edu

COSPONSOR: M-TECSM at Kirtland - Gaylord

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

How to Register

Health Issues in Construction

Complete information at right to
register by . . .

- **Phone:** 989.705.3601
- **Fax:** 989.705.3602
- **Email:** mccullym@kirtland.edu
- **Mail:** M-TEC @ Kirtland-Gaylord
60 Livingston Blvd.
Gaylord, Michigan 49735
Attn: Mark McCully

Please enclose check or money order
made payable to MTEC.

| |
|--|
| Name: _____ |
| Company Name: _____ |
| Address: _____ |
| City: _____ State: _____ Zip: _____ |
| Phone: _____ |
| Fax: _____ |
| Email: _____ |
| Number Attending: _____ @ \$30 each = \$ _____ |
| Discover <input type="checkbox"/> MC <input type="checkbox"/> Visa <input type="checkbox"/> #: _____ |
| Signature: _____ Exp. Date: _____ |

The Department of Labor & Economic Growth will not discriminate against any individual or group because of race, sex, religion, age, national origin, color, marital status, disability, or political beliefs. If you need assistance with reading, writing, hearing, etc., under the Americans with Disabilities Act, you may make your need known to this agency at least two weeks in advance.